BK Role in Career Decision Making in Class 3 Students of SMAN 1 Banyudono

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ABSTRACT:
This research aims to 1) describe the role of guidance and counseling teachers in planning the Guidance and Counseling Program to direct the sustainability of education in the future. 2) describe the role of guidance and counseling teachers in implementing the Guidance and Counseling Program to direct the sustainability of student education in the future. 3) To describe the role of guidance and counseling teachers in seeking students’ interest in continuing their education at university. Data collection techniques include observation and open interviews with guidance and counseling teachers and several students at the school. The data analysis technique in this research uses the Miles and Huberman interactive model. The research results show that students’ career understanding is very low, so the role of BK in helping students’ career planning is very important. BK can provide guidance, such as group or individual guidance. Apart from that, BK can also provide information services regarding major selection.

Keywords: role of guidance and counseling teacher, choice of major, counseling guidance

INTRODUCTION:
Education is important in developing Human Resources. In accordance with the
opinion of Agata Line Natasha (2020) Education is a process of providing people with various situations with the aim of developing themselves. Everyone needs education so that their life can run smoothly and orderly. Therefore, the issue of education is a very important issue for every nation to create a quality young generation. Education has a big influence on the progress of a country. A country’s higher education will encourage that country to develop, at least from a low level to a higher or better level (Istiqomah, 2015).

People can get education through school. Schools are a place for the process of preparing students to become members of society with skills and academic provisions that are able to develop and create knowledge that makes human resources capable of guiding, teaching and training students to maximize their abilities to become more useful people. Provision of education in Indonesia includes Primary Education, Junior Secondary Education, and Senior Secondary Education. Basic education (SD) for 6 years and junior high school (SMP) for 3 years. Upper secondary education includes senior high school (SMA) and vocational high school (SMK) for 3 years.

Vocational High Schools (SMK) are schools that provide vocational education and prioritize developing students’ skills to pursue certain types of careers. Vocational high schools prioritize the preparation of students for a career or work environment as well as the development of professional and responsible attitudes (Kemendikbud, 2018). Meanwhile, senior high school according to the Ministry of National Education (2004) is education that prioritizes preparing students to continue to higher education. (SMA) students will continue their studies to a higher level of education at universities in order to mature students in acquiring knowledge, behaving and thinking rationally.

Viewed from a communication perspective, education also includes elements of communication, namely the communicator (teacher), message (material delivered), and communicant (student). Teachers are a determining factor for educational success. So a teacher must realize in his profession that the formal duties that are his responsibility are not only standing in front of students at certain hours, more than that, teachers are also mythicized as figures who should be admired and followed in all aspects of life (Herlani, 2023). This requires teachers to always have good abilities, traits and behavior in improving teaching and learning activities as expected. Basically every teacher is a guide. However, in formal education there are teachers who are specifically tasked with providing guidance and counseling, namely BK (guidance and counseling) teachers (Istiqomah, 2015).

Guidance and counseling is a component of education, reminding that guidance and counseling are a means of overcoming or solving various problems that are directed towards all the problems faced by students (Istiqomah, 2015). Guidance and counseling is the process of providing assistance from guidance and counseling teachers to students, this makes the guidance and counseling teachers play a role in educating and guiding students (Pratama, 2022).

According to Wiyandri (2023), most of the problems faced by students in general are: 1) personal problems, 2) educational problems, 3) career or continuation problems after graduating from school, 4) effective use of free time, 5) social problems and etc. Of the many problems related to education, namely career problems or continuation after graduating from school. Therefore, career guidance for students at school must be developed. At the high school level, career choices must be mature, because one part of success in a career is careful planning.

The role of guidance and counseling teachers in schools is very important in determining careers. Career issues are one of the big problems that need to be considered in designing students’ futures. Guidance and counseling teachers have a strategic role in helping students determine their career choices, not by providing guidance but by providing information on how to determine their interests and talents. (Rahman, 2014).

Determining a post-secondary career has many meanings in a student’s life. Continuing studies or looking for work is one of the things that makes them confused, looking for a job with a high school diploma and not having special skills can result in the low quality of work that can be achieved, therefore it is hoped that a student can choose a career wisely and in accordance with his interests and talents. This choice can certainly cause confusion if it is not oriented in a positive direction. At this stage, the importance of guidance and advice, the
teacher will act as a guide, guide and direct students to make the right choice based on their abilities, talents and interests, even though the final choice is an option that is still considered the best choice for students (Rahman, 2014).

Career orientation for students is not easy to develop. At the same time, career guidance is very useful in helping students prepare for the transition period, so that they can thrive in career guidance. It is hoped that the mature career guidance that has been established will make it easier for students to determine their career choices after completing their formal education. The large number of errors, confusion and inaccuracies in choosing majors and study programs in higher education become problems related to decision making. It is not easy to make the decision to continue your studies at a university that suits your interests, talents and conditions (Agata Line Natasha, 2020).

Based on preliminary research data at SMAN 1 Banyudono, there were around 50% of students who indicated that they experienced confusion in deciding their career. The issue of career indecision arises because of several problems faced by grade 3 high school students, such as obstacles for students in career planning, problems that occur include lack of support from parents, students not knowing their talents and interests, not having information. it is clear about the advanced career that will be taken, and students are not able to utilize the cellphones they have so they only use the guidance and counseling teacher as a source of information, and there are still many obstacles that exist when students are planning their careers. Career planning for students is very important because career planning makes students' futures more mature.

Apart from that, another problem that occurs at SMAN 1 Banyudono is that most of them are not sure whether to continue studying and the major they will choose later in college. They also doubt whether they can achieve it later. Some students don't even have a career plan, so they just follow advice from their parents or friends. This is where the role of guidance and counseling teachers is very necessary to help students guide and direct their careers.

It is hoped that guidance and counseling teachers can provide career information based on students’ desires and abilities, but most guidance will be given in more detail if there are students who experience obstacles in their careers (Herlani, 2023). Therefore, determining the right career requires support and guidance. It is no exaggeration to say that the next career choice determines a person's future destiny. However, in fact there are still many mistakes in this matter, so that it will have a significant impact on the future process.

Based on the background above, it can be concluded that the objectives of this research are: 1) To describe the role of guidance and counseling teachers in planning the Guidance and Counseling Program to direct the sustainability of grade 3 students’ education at SMAN 1 Banyudono for the 2023/2024 academic year, 2) To describe the role of teachers BK in implementing the Guidance and Counseling Program to direct the continuity of education for grade 3 students at SMAN 1 Banyudono in the 2023/2024 academic year, 3) To describe the role of the BK teacher in seeking students’ interest in continuing their education at tertiary institutions for grade 3 students at SMAN 1 Banyudono in the academic year 2023/2024.

The novelty of this research is that it can provide an overview of guidance and counseling service programs, in addition to adding to research related to the role of guidance and counseling in helping students’ careers from another perspective. Apart from that, the urgency of this research is to find out the relationship between guidance and counseling teachers and the process for grade 3 students at SMAN 1 Banyudono.

Relevant research regarding the role of guidance counselors in class 3 career decision making was conducted by Wiyandri (2023) with the title The Role of Guidance and Counseling Teachers in Helping Career Planning for Class XII Science Students at SMAN 1 Purbolinggo, East Lampung District. The aim of the research is to determine the role of guidance and counseling teachers in helping students’ career planning. The results of this research show that the role of guidance and counseling teachers is in helping students’ career planning by providing services in the form of classical guidance services regularly and gradually.

The second relevant research was conducted by Atmaja (2014) with the title Efforts to Improve Student Career Planning Through Career Guidance Using Module Media. The research aims to improve students’ career planning through career guidance using module
media for class XII IPA 2 students at MAN Wonokromo Bantul in the 2013/2014 academic year.

The third research was then conducted by Risfa Gusnur Efani (2022) with the title The Role of Guidance and Counseling Teachers in Helping Class XII Students Determine Their Major in College. The results of the research show that guidance and counseling teachers provide information about higher education, provide guidance in the form of group, individual and spiritual guidance, and resolve differences of opinion between students and parents regarding the choice of major.

The difference between the research above and the research conducted is in the results, which in this research will provide an example of a program provided by schools to provide information about careers for grade 3 high school students, as well as forms of socialization provided by schools to support students' career determination.

The similarities between previous research and this research lie in the fact that the objects are both high schools and the data collection used in the form of documentation and interviews.

**RESEARCH METHOD**

This research uses qualitative descriptive. According to Prof. Dr. Dede Rosyada (2020) qualitative research is research that involves many approaches, especially to understand people's attitudes, actions, deeds and activities, care about the meanings they understand and believe in, are introspective, carry out reviews, and even interact especially with the community, in his research. The place of research was carried out at SMAN 1 Banyudono which is located in Jembungan, Kec. Banyudono, Boyolali Regency, Central Java. The time for conducting the research was in November 2023. Then the data sources were in the form of observations and informants, observations in the form of observations about students directly at the location. Then the selection of informants was only aimed at guidance and counseling teachers and a few students. The data in this research is in the form of speech acts from several students at SMAN 1 Banyudono regarding the role of guidance counselors in helping determine students' careers at that school. Next are data collection techniques in the form of observation and interviews, the type of observation carried out is non-participatory observation. According to Hasanah (2016) non-participatory observation is an observation method where the person observing does not take part in the observer's life. The interviews used open interviews with the guidance and counseling teacher and several students at the school. The data analysis technique in this research uses the Miles and Huberman interactive model which is divided into three parts, namely data reduction, data presentation, and drawing conclusions.

**RESULT AND DISCUSSION**

Based on the results of observations and interview data that have been carried out with guidance and counseling teachers and students at SMAN 1 Banyudono, it can be described as follows.

**Student Career Development Planning at SMAN 1 Banyudono**

Student career planning is an activity of seeking guidance for their future. The aim of this career planning is so that students have career knowledge and preparation, as well as having career plans for the future. However, based on the results of observations and interviews conducted by researchers, it turns out that many of them are still confused about deciding on their future career. This data was obtained from an interview with Adella as a student at SMAN 1 Banyudono.
"I'm confused, I'm not confused, sis, because my goal is that after graduating from school, I have the intention of going to college, but I’m still confused about what major I want to major in.” (CLHW/Adella/11/20/23).

Based on statements from informants, students still do not know whether they want to study and major in the future. From the results of these interviews, it is possible for students to end up joining in with friends or even following their parents’ choices without understanding their potential and capabilities. In fact, making career choices without understanding one’s own abilities will have a negative impact on students, students will have difficulty participating in learning, be lazy, have no motivation, and will not be creative in their learning process.

Carrying out planning in determining a career is one way to achieve the career that is desired and in accordance with the student’s abilities and expertise. According to Pratama, (2022) career planning is the process of achieving career goals by having clear goals and aspirations, as well as maturity in the career decision making process.

**Obstacles Faced by Guidance and Guidance Teachers in Helping Students Plan Careers**

In accordance with what was conveyed by the BK teacher at SMAN 1 Banyudono as follows.

"There are, especially external factors, namely family background such as poor economic conditions which cause children not to want to go to college.” (CLHW/Erfi/20/11/23).

Another informant, namely a student at SMAN 1 Banyudono, also said the following.

"The initial plan was to work, because looking at my parents' income, I was afraid it would be a burden, so I worked first to collect money for college.” (CLHW/Ibel/20/11/23).

Based on information obtained from several informants regarding obstacles in helping students plan their careers, the results show that the obstacles experienced by students are more prominent in external factors. External factors are factors that arise from outside the school (Agata Line Natasha, 2020).

The external factor that often becomes an obstacle for students is the family, because not all students who study at SMAN 1 Banyudono have a good economy. Poor economic conditions cause a child to have thoughts of not continuing his education on the grounds that he wants to help his family’s economy.

**The Role of Guidance Teachers in Planning Guidance and Counseling Programs in Directing the Sustainability of Grade 3 Students' Education at SMAN 1 Banyudono**

In the world of education, guidance and counseling teachers have an important role, one of the important roles of guidance and counseling teachers is to direct the continuity of education for grade 3 high school students. Through data from observations and interviews obtained by researchers, it can be concluded that the role of guidance and counseling teachers is very important, especially in increasing students’ understanding of their abilities and potential. Guidance and guidance teachers can help in planning students' future careers by creating a special guidance program for grade 3 high school.

The guidance program is carried out so that the program implemented runs smoothly. This was conveyed by the BK teacher at SMAN 1 Banyudono as follows.
"There is an expo program that will be held on campuses within or outside the Solo area." (CLHW/Erfi/20/11/23).

Based on the information provided by the guidance and counseling teacher about campus expo activities, the aim is to show SMAN 1 Banyudono students what campus life is like and what scholarships can be obtained on campus. Campus expo activities can be socialization as communication which functions as a means to receive messages as conveyed by Ekawati, (2022) "Socialization is a process of how to introduce a system to someone, and how that person determines their responses and reactions."

The campus expo activity hopes to introduce students to the campus world directly. Students will also hear direct explanations about the campus world from the campus itself. The campus expo which will be held at SMAN 1 Banyudono is a new program which may be implemented this year, according to the statement from the guidance and counseling teacher as follows.

"A new program called Expo will be implemented this year if it will not be implemented next year." (CLHW/Erfi/20/11/23).

Based on the statement above, the campus expo activity is a new program which is likely to be implemented this year because according to information obtained the previous year, the program only had intensive classes to prepare grade 3 students to carry out the SBMPTN.

Apart from holding a campus expo program, in an effort to prevent students from making mistakes in choosing their careers, guidance and counseling teachers really pay attention to students about what they want and need so that they can be assisted and directed well by providing the services students need such as information services, consultations and group guidance.

As stated by students of SMAN 1 Bnyayudono as follows.

"Until now there has been no BK program running other than just providing information about universities." (CLHW/Adella/11/20/23).

"Until now there has been no BK program running other than just providing information about universities." (CLHW/Ibel/20/11/23).

Based on the information provided by the informant, it is stated that information services are the services most frequently implemented at SMAN 1 Banyudono. According to Pratama, (2022) information services are services that provide career information regarding lectures, majors, jobs, positions, or things that students will do in the future. With information services, it is hoped that students can be helped in understanding information about students' careers, majors and talents, as well as gaining motivation so that they can increase their potential according to their desired career.

Here the guidance counselor's information will be an inspiration for students in choosing or deciding which career to take and here the guidance counselor plays a role in convincing and providing support to students in the learning process, this will give students strength so that students will be more enthusiastic about learning.

The Role of Guidance Teachers in Implementing Guidance and Counseling Programs in Directing the Sustainability of Class 3 Students' Education at SMAN 1 Banyudono

Information regarding the guidance and counseling schedule in class was conveyed by the guidance and counseling teacher himself as follows.
“BK now goes directly into the classroom and children can consult with any teacher at school. Last year the guidance counselor did not enter class time, this year all guidance counselors must enter class.” (CLHW/Erfi/20/11/23).

Based on the statement above, the implementation of guidance and counseling is very good because guidance and counseling teachers also have their own hours to enter class so that guidance and counseling services and programs can be implemented optimally. Implementing optimal guidance and counseling can help students overcome the problems and obstacles they encounter in their learning.

Guidance and Guidance Teachers also have an important role in discovering potential in students and developing it, making it easier for students to determine the career they will take in the future.

As stated by several students of SMAN 1 Banyudono regarding the importance of the role of guidance and counseling in school as follows.

“Yes, because I think BK has many roles for us as students, especially class 12 because BK always provides information related to universities, especially university entry routes. Anyway, BK always directs us to grade 12.” (CLHW/Adella/20/11/23).

“It's important, sis, because BK can be a friend for students to confide in and BK is very important for us in grade 3 to get information about higher education.” (CLHW/Ibel/20/11/23).

Based on statements from several informants, it was stated that there were many things that guidance and counseling teachers did for class 3 to direct the sustainability of education. Informants also stated that guidance and counseling teachers always help guide them in resolving problems, especially when it comes to their indecisive career decisions.

Furthermore, in implementing the guidance and counseling program to direct the sustainability of the education of grade 3 students at SMAN 1 Banyudono, namely by collaborating between the BK and parties outside the school. This was conveyed by the BK teacher at SMAN 1 Banyudono as follows.

“We rarely provide motivation, but every year we invite alumni who have interesting backgrounds to show children through alumni experiences.” (CLHW/Erfi/20/11/23).

Based on the statement above, collaboration with outside the school is with alumni of SMAN 1 Banyudono. By presenting alumni, it has its own advantages, namely that the guidance provided tends to be real and based on the results of one's own experience.

From the collaboration that was formed, supervision was also carried out on the running of the guidance program for class 3. This was also conveyed by several students of SMAN 1 Banyudono as follows.

“It depends on your needs, sis, if you have free time, go to BK.” (CLHW/Adella/11/20/23).

“If someone wants to be consulted, they usually go directly to the BK.” (CLHW/Ibel/20/11/23).

Based on the researcher’s observations, it shows that at SMAN 1 Banyudono the implementation of the guidance program for class 3 is carried out during free hours. Even though each class has its own guidance and counseling schedule, there are still many students who find free time to just tell stories or consult with the guidance and counseling teacher.
From this statement it can be concluded that students actually consider the guidance and counseling teacher as a friend to share stories with. What they might feel after talking to the guidance and counseling teacher is a feeling of relief, happiness and help.

CONCLUSION

After processing and analyzing the data from the research, based on the findings from the research conducted at SMAN 1 Banyudono, conclusions can be drawn. 1) Many students at SMAN 1 Banyudono still don’t understand their future careers, many are still confused about deciding their future careers. According to the information provided by BK, students tend to follow the wishes of their parents or friends in choosing a school major. 2) SMAN 1 Banyudono has a good guidance program plan, namely holding expo activities aimed at introducing students to the world of campus. The role of guidance and counseling teachers in helping students plan career development through information services is very good, this is proven by the provision of career information services. BK provides information through group, individual guidance, or through alumni experience. 3) The implementation of guidance and counseling at SMAN 1 Banyudono is running well and optimally. Guidance teachers have time to enter the class which allows guidance counselors to freely provide services and monitor student progress. Guidance and counseling teachers are also considered to have an important role in the development of grade 3 students, so many people use guidance and counseling teachers as friends to confide in or friends.

REFERENCES


